

## Book Review

### Darcy Daisy and the Firefly Festival –Learning about Bipolar Disorder and Community

This 2005 book from America is a new addition to the children's section of the SFMI library. The story is about a flower girl called Daisy who sees and hears some confusing things about her favorite teacher Ms. Zinnia. Daisy learns about bipolar disorder and is then able to help her teacher and community. From reading this short story, I feel that kids will relate to and enjoy Darcy's journey of discovery! The language used is straightforward, humorous and written from a child's perspective. I would recommend this book for anyone who wants to help children learn about bipolar disorder and dispel some of the common misconceptions surrounding mental illness.

Reviewed by Natalie Heijm 02.12.10